

## Trampoline with safety net

Owner`s Manual – English

TP-6FT185	TP-8FT250	TP-10FT305	TP-12FT370
TP-13FT400	TP-14FT430	TP-15FT460	TP-16FT490



**READ THE OWNER'S MANUAL AND THE SAFETY INSTRUCTIONS ATTENTIVELY BEFORE FIRST USE!**



# Instruction

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Before you use the trampoline please read all the information that we put together for you in this manual. Like in any other type of sports you can be injured. Before you use the trampoline read all the instructions. Warnings and instructions for maintenance are part of this manual to ensure a safe and happy use of this equipment. Please keep this manual.

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## 1 Symbols / Warning Signs

### Trampoline Safety Instructions- Absolutely follow!



- ▶ The use of the trampoline is at your own risk. The person installing the trampoline is responsible for the proper condition of it.
- ▶ Always jump without shoes, meaning only with socks or barefoot. Don't take sharp or pointy objects when using the trampoline. If necessary take off your glasses or jewellery.
- ▶ Step inside and leave the trampoline with great care. Don't ever jump down from the trampoline or use the trampoline to jump on other objects or from other objects on the trampoline.



- ▶ Only one person per time should jump. Never jump if a person is underneath the trampoline. Adults may not jump if a child is on the trampoline as children can fly uncontrolled into the air.



- ▶ Take regular breaks and don't overstrain your body. In case of sickness or pains please go to your doctor first, to ask if it is advisable to use the trampoline.
- ▶ Always jump in the middle of the jumping sheet, never at the edge. Please stop jumping immediately if you are not in the middle.
- ▶ Don't do saltos or other risky jumps as they can be a considerable cause of injury.
- ▶ Only jump in the presence of a supervisor.



- ▶ As a supervisor please make yourself familiar with these safety instructions. Take care that everyone follows the instructions and introduce unexperienced users about them.
- ▶ Make sure the trampoline is in a technically perfect condition. Remove all objects from the trampoline, that can threaten safety while jumping. Only put the trampoline on a suitable, solid, not slippery and flat ground.



- ▶ All users must be supervised no matter the age or their experience.
- ▶ To avoid misuse, the trampoline should be sufficiently protected from unauthorized access.
- ▶ The trampoline may not be used when wet, dirty or damaged.
- ▶ Don't jump on the trampoline during pregnancy.

## 2 Safety Instructions

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### Put up:

- Enough free space for the head is necessary. A minimum space of 7,3 m above the trampoline is recommended. Remove wires, branches and other possible dangers. Only use the trampoline on solid and flat ground.
- Horizontal freedom of movement is necessary. Put the trampoline far from walls, buildings, electrical wires, fences and playgrounds. Keep a space of 2,5m around the trampoline.
- Before use please put the trampoline on a flat area. For shadowy areas an illumination can be required.
- Don't put the trampoline on concrete floor, solid ground (for example rock) or slippery surface. We recommend gras.
- Remove all objects that could harm the user. Don't put any objects on top of the trampoline.
- Empty your pockets before you use the trampoline.
- In case of strong winds the trampoline can be blown over. If you expect windy weather, the trampoline needs to be put in a safe area or needs to be dismantled. Another possibility is to secure the frame with the help of ropes or pegs at at least three spots.
- Don't use the trampoline inside!

## 2 Safety Instructions

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### Use

- Wrong use and misuse of the trampoline are dangerous and can cause dangerous injuries.
- The trampoline lets the user experience unaccustomed heights and also a diversity of unfamiliar, extreme body movements. Be sure of that circumstance and only use it when you are in good physical condition. In doubt consult your doctor.
- The owner of the trampoline and the responsible supervisor are accountable, that all users have to know the technics of the owner's manual.
- Only use the trampoline in the presence of a supervisor who has corresponded knowledge.
- Walk on and leave the trampoline with climbing up and down, to leave the trampoline with jumping on the ground or to enter the trampoline with a jump is dangerous.
- To properly climb on the trampoline grasp with both hands on the frame and climb or roll on top of the frame over the spring cover and finally on the jumping mattress. Never forget to touch the frame with your hands when climbing up and down. Don't immediately step on the frame cushion and don't hold on the frame cushioning. To get down properly, go to the edge of the trampoline, hold the frame as support and then climb from the jumping mattress to the ground.
- The climbing on and off the trampoline happens through the entrance of the safety net. Close the entrance every time when entering or leaving the trampoline. Don't try to get on the trampoline with crawling underneath the safety net.
- The trampoline is only designed for a certain weight and certain use. The user should not exceed the weight that is stated in the technical data.
- Please pay attention that you may not use street shoes or tennis shoes when using the trampoline. To avoid damage or cuts, please don't allow pets to get on the jumping mat. The user should wear socks, gym shoes or be barefoot.
- Always jump on the logo, which is printed on the middle of the jumping mat. Always stop jumping when landing more than 30 cm next to the logo. Begin jumping again at the middle of the trampoline.
- Finish jumping by bending your knees as soon as your feet are in contact with the jumping mat. Learn this technique before trying out other techniques.
- Learn basic jumps before trying out advanced techniques. Various trampoline activities can be done with basic exercises, by changing the order or combination.
- Avoid high jumps. Stay low until you can handle controlled jumps and repeated landing in the middle of the trampoline. Controlled jumping is more important than height. Don't try to jump over the safety net. Put your sight on the trampoline. This helps to control the jumps.
- Don't jump from balconies or trees on top of the trampoline.
- Don't use the trampoline as a springboard.
- Don't jump when you are tired. Only do short stretches. Trampolines that are higher than 51 cm are not suitable for children under the age of six.
- Put the trampoline away if it isn't used.

## 2 Safety Instructions

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### Use:

- Don't use the trampoline when being under the use of alcohol or drugs.
- For further information of skill training please contact an acknowledged trampoline coach.
- Only jump if the surface of the mattress is dry. Wind or air movement should be calm. Don't use the trampoline during strong winds or stormy weather.
- Underneath the trampoline may not be any person.
- Never jump with several people at the same time on the trampoline. With more users the risk of injury increases like skull fracture, fracture of the leg and spine injuries.
- Only be used for private purposes.
- When landing on head or neck paralysis or death can occur. Don't do saltos. Especially when doing saltos the danger increases to land on head or neck!
- Don't jump on purpose into the safety net. Don't bounce off the safety net on purpose. Don't hang on the top part of the safety net, and don't try to climb on the safety net. Put off all your jewellery which could get stuck in the safety net.
- Don't wear cloths with zippers, hooks or buckles with hard or rough surface when using the safety net.
- Don't put any objects at the safety net.
- Don't do any technical modifications. Don't use the product if it is not in perfect condition.

**If you recognize one of the mentioned conditions or other abnormalities from which you think they could be dangerous for the user please immediately dismantle the trampoline or secure them against use until the circumstances are eliminated.**

## 3 Technical Data

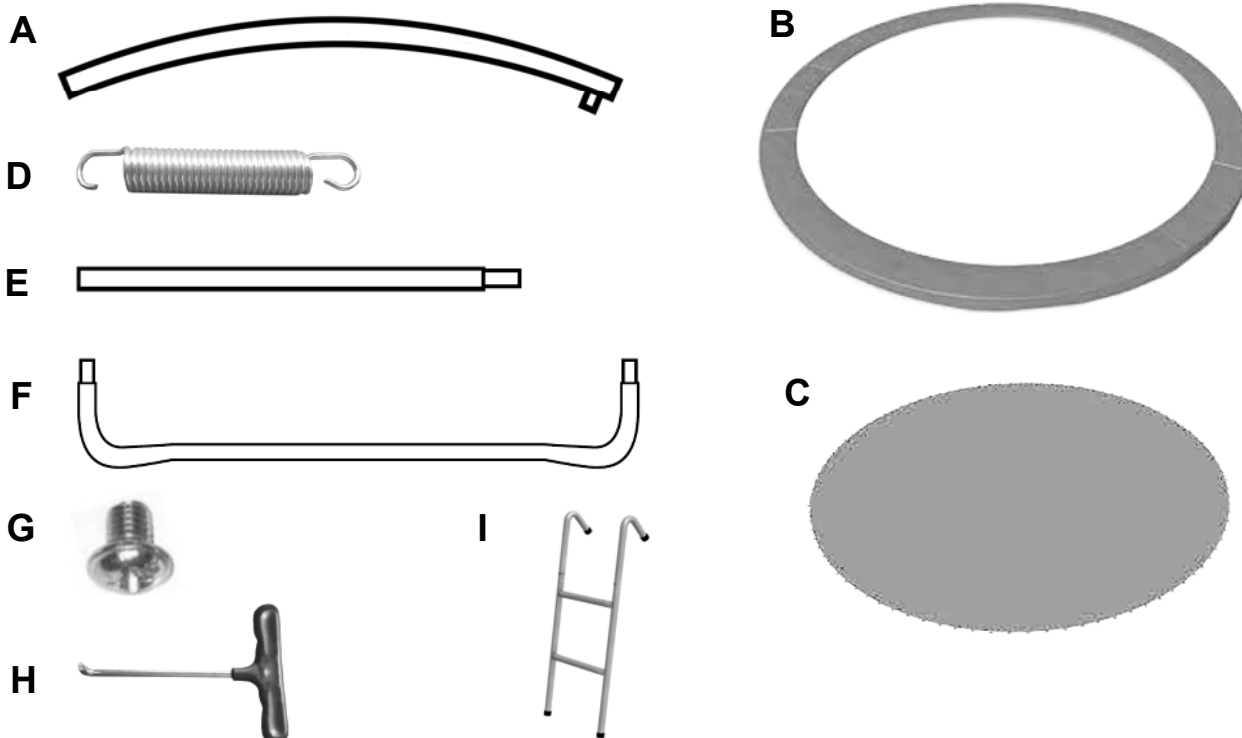
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Model number	TP-6FT185	TP-8FT250	TP-10FT305	TP-12FT370	TP-13FT400	TP-14FT430	TP-15FT460	TP-16FT490
max. payload	150kg	200kg	200kg	200kg	200kg	200kg	200kg	200kg
diameter	183cm	250cm	305cm	370cm	400cm	430cm	460cm	490cm
number of feet	3	3	4	4	6	6	6	6
number of springs	36	48	64	72	80	96	108	120

## 4 Parts List

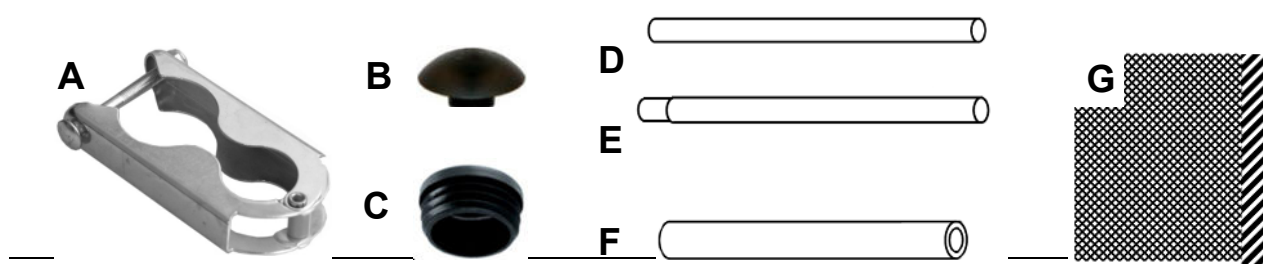
### Trampoline

Part	Description	6FT 183cm	8FT 250cm	10FT 305cm	12FT 366cm	13FT 400cm	14FT 430cm	15FT 460cm	16FT 490cm
A	Upper frame tube	6	6	8	8	12	12	12	12
B	Edge cover	1	1	1	1	1	1	1	1
C	Jumping mat	1	1	1	1	1	1	1	1
D	Springs	36	48	64	72	80	96	108	120
E	Main Pillar	6	6	8	8	12	12	12	12
F	Foot	3	3	4	4	6	6	6	6
G	Screws	12	12	16	16	24	24	24	24
H	Spring tightener	1	1	1	1	1	1	1	1
I	Ladder	1	1	1	1	1	1	1	1



### Safety net

Teil	Description	6FT 183cm	8FT 250cm	10FT 305cm	12FT 366cm	13FT 400cm	14FT 430cm	15FT 460cm	16FT 490cm
A	Retaining clip	12	12	16	16	12	12	12	24
B	End cap	6	6	8	8	6	6	6	12
C	Closing plugs	6	6	8	8	6	6	6	12
D	Upper pipe	6	6	8	8	6	6	6	12
E	Lower pipe	6	6	8	8	6	6	6	12
F	Foam tube	12	12	16	16	12	12	12	24
G	Safety net	1	1	1	1	1	1	1	1



## 5 Assembly - Trampoline

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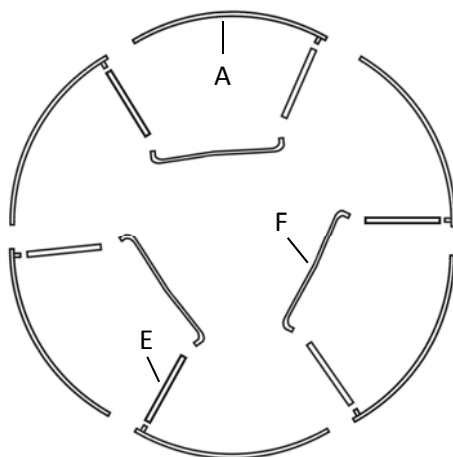
Please remember to wear gloves during assembly, to avoid bruising. It is recommended to install the trampoline with at least two more people.

For the assembly of the trampoline you need our special spring compressor, it is included in the purchased parts package. If you don't use the trampoline, it should be disassembled and be put in the original packaging. Please read the whole owner's manual before installing the product.

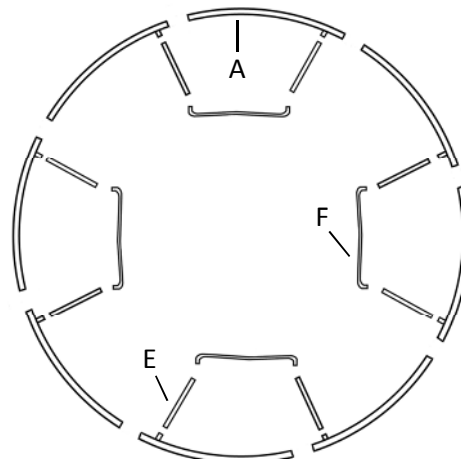
All parts with the same part number are interchangeable and don't show difference in left or right orientation. To connect the parts you only need to put the slimmer end of the tube part into the bigger end of the next tube part. Before you put them together you should oil the connecting parts. This prolongs the life expectancy and simplifies the assembly and the dismantlement.

### **Step 1:**

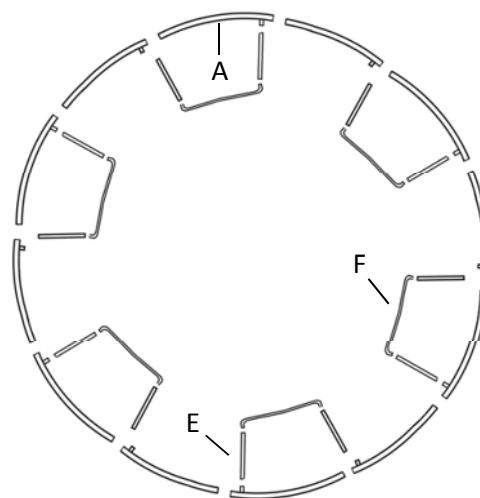
Put the parts in a circle like shown in the illustration below



6-8FT / 183-250cm



10-12FT / 305-370cm



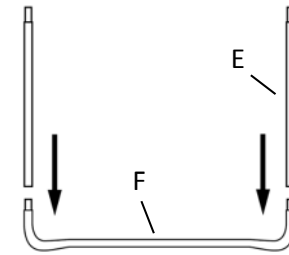
13-16FT / 400-490cm



## 5 Assembly - Trampoline

### Step 2

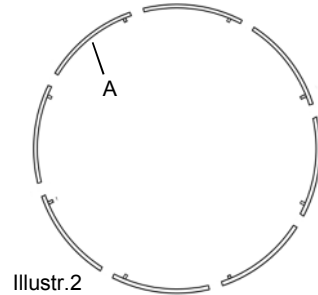
Assemble the main pillars (E) at the foot board(F).



Illustr.1

### Step 3

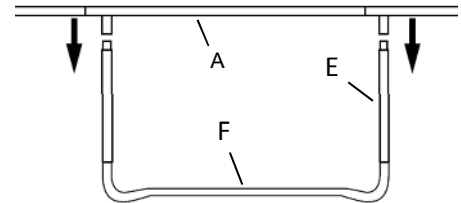
Connect the upper frame tubes (A) (Illustr.2).



Illustr.2

### Step 4

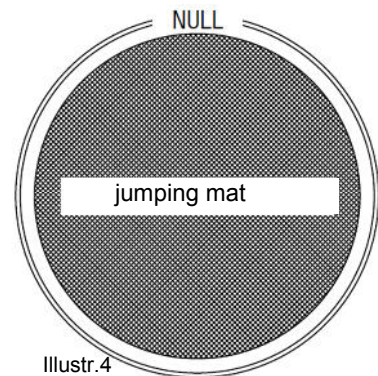
Assemble the upper frame tubes (A) at the foot elements (E+F).



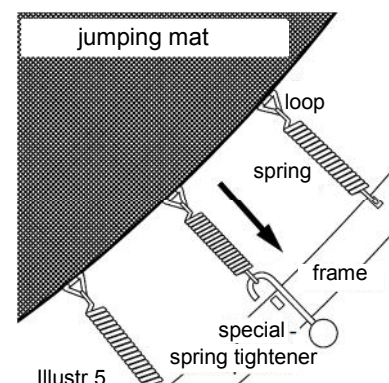
Illustr.3

### Step 5

Spread the jumping mattress (C) with the printed part up into the frame. Depending on the size of the trampoline there is a different number of holes in the frame to put the springs. Those ones are not numbered. Therefore follow the owner's manual to keep up with the order. Choose an optional spot (call it zero). Tighten the spring (D) in the same direction and in the same angle at the frame like shown in Illustr. 5. Hook the spring into a loop of the mattress and turn the spring in the direction of the jumping mat. Use the special spring extender to put spring and mattress together and to put the other hook in the frame. Hook the spring until it completely clicks into place and also push it down in case that the hook is not completely in the hole. Count 16 holes from point zero in one direction. There you will attach the second spring at the mattress and frame. At the same distance you will attach two more springs, so that four springs in each a quarter of a circle distance are mounted. Inside each quarter put one more spring in the middle. Now you can attach the rest of the springs in an optional order. If you realize you have forgotten one loop and one hole loosen and attach the springs so that the allocation of the wholes at the frame with the loops are correct again.



Illustr.4



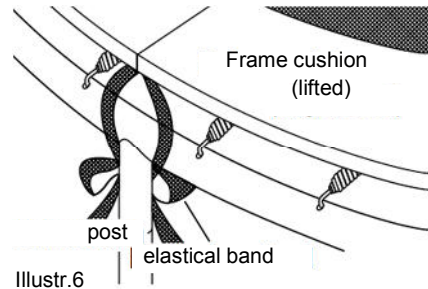
Illustr.5

## 5 Assembly - Trampoline

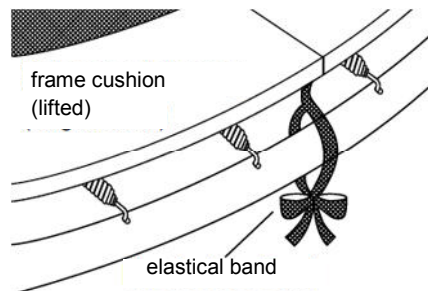
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### Step 6

Put the frame cushion (B) on top of the trampoline so that the springs and the steel frame are covered. Make sure that the frame cushion covers all the metal parts. Put the elastical bands so that every second band can be put over a post. Tie the bands first behind the post tightly (Illustr. 6). Now tighten the elastical bands that are not above the post so that the frame cushion covers the frame. Tie both ends together (Illustr. 7).



Illustr. 6



Illustr. 7

## 6 Moving of the Trampoline

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If you want to move the trampoline we recommend asking a second person for help. All tube connections need to be secured with a weather resistant tape. The tape will keep the frame together while moving and avoids that the tube connections slip or go apart. Lift the trampoline a little from the ground to move it, hold it horizontal to the ground. To move the trampoline in a different way you need to dismantle it. For dismantle use the owner's manual in reverse order.

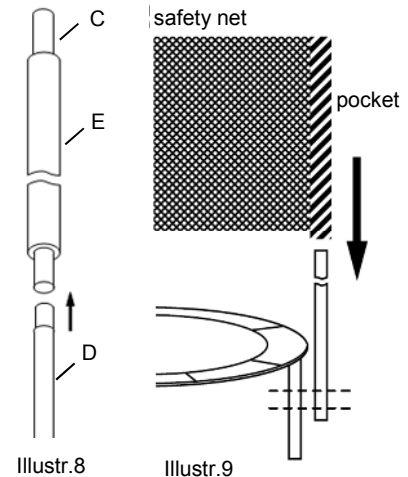
## 7 Assembly – Safety Net

### Step 1

Put the tube parts (C) & (D) together and push the cushion (E) over the stick (Illustr.8).

### Step 2

Put the safety net (F) on the jumping mat. Take one corner of the safety net and shove one of the preassembled sticks inside the sewed pocket. Repeat this step with all the sticks (Illustr. 9).



### Step 3

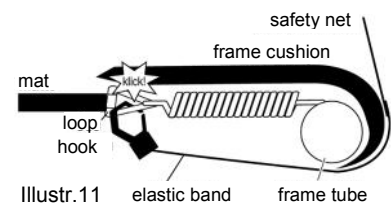
Put one of the sticks straight and secure those with the help of the clamps (A) with the frame of the trampoline (Illustr.10).



Abb.10

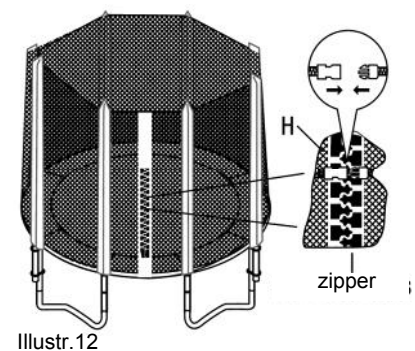
### Step 4

At the lower end of the net you will find clip closures. Put each clip closures over the frame cover and tighten those at the loops where the springs are fixed (Illustr.11). Not for every loop you will find a hook.



### Step 5

Close the zipper of the safety net at the entrance, which has to be between the stabilizing legs of the trampoline and let the snap fit lock in place.



### Important warning notice!

**You have to clamp all the closures securely for the safety net to be in tension. Without tension the safety net cannot fulfil its function. Tighten all screws and screw nuts.**

## 8 Maintenance and supervision

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- Before every use check if the jumping mat is outworn and parts are loose or missing.
- Secure the trampoline if it is not used. Secure it from unauthorized use. If a ladder is used the supervising person should remove it after use to avoid that children under six years are entering the trampoline.
- Make sure that the frame cushion is put safely in the right position.
- Check the trampoline before every use if there are worn out parts, wrong used parts or missing parts. There can be circumstances when risk of injury is high.
- Only use original spare parts. Please write to us if you need assistance.
- Please replace defective or missing parts. Please don't change the construction.

### **Please also pay attention to the following:**

- Transparent holes or cracks
- Sagging jumping sheet
- Open seams or other wearouts
- Bent or broken frame parts, like posts
- Damaged or loose screw connections
- Broken, missing and damaged springs
- Damaged, missing or not safely fixed frame cushion.
- Parts that stand out , especially at the frame, the springs or the mattress

**Don't use the trampoline if a damage occurred.**

## 9 Storage

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Store the trampoline dry and cool. To do this, use the original package. All connectors should be oiled or greased before storage.

## 10 Disposal

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In the case of disposal, please contact your merchant or local waste disposal service. In no case put the product into a municipal collection point. Don't dispose the appliance with the regular household garbage. You are thereby making an important contribution to preserving the environment.